

The Devonshire *Lifestyle*



THE
DEVONSHIRE
A RETIREMENT COMMUNITY

Like Us!



Independent Living Community

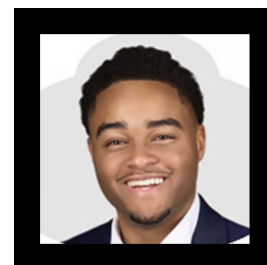
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JULY 2024

A Note From Our Executive Director

Hello, and welcome to July! We have plenty of fun activities planned this month. Our special event this month is a Hawaiian Luau. We will also be going to another outdoor concert at Port Warwick toward the end of the month. Please let me know if you have any questions or ideas to share!

Sincerely,
Sherreek Malone
Executive Director



Worldly Hot Dogs

From ballpark franks to weenie roasts, nothing says summer quite like hot dogs! That's why July is deemed National Hot Dog Month. If you're tired of your usual toppings, get inspired by these ideas from around the globe:

United States. An all-American staple, hot dogs come in many famous forms throughout the States, but one of the most popular is the Chicago dog. It's nestled in a poppy seed bun with mustard, relish, onions, tomatoes, peppers, celery salt and a pickle spear as garnishes.

Germany. Home to the frankfurter, Germany's choice of toppings—mustard, sauerkraut, onions and relish—may seem simple, but they sure are flavorful.

Mexico. Originating in Hermosillo, a city in northwestern Mexico, the Sonora hot dog is wrapped in bacon and topped with pinto beans, onions, tomatoes and jalapeños.

Colombia. Trying to add some fruit to your diet? The Colombian hot dog packs a punch with a spoonful of pineapple salsa. Bacon, cheese and a quail egg are often added as well.

Thailand. Thai food is known for vibrant flavors, and hot dogs are no exception. They're served sweet, savory and spicy, with typical toppings of chili sauce, peanuts and veggies.

France. Served on a classic French baguette and smothered with melted Gruyère cheese, this seemingly modest presentation may just surprise your taste buds.



Celebrate Our Freedom

On July 4, all across the land of the free and the home of the brave, the U.S. commemorates the adoption of the Declaration of Independence by the Continental Congress in 1776. Happy birthday, America!

JULY 2024

July Birthdays

- 7-7 Isa Lee Banks
- 7-9 Shirley Lee
- 7-18 Eleanor Moultrie
- 7-22 Margy Yando
- 7-27 Cutee Bradshaw

Locations

- Activities Room, AR
- Courtyard, CY
- Dining Room, DR
- Windsor Room, WR

Country Store

- Tuesday 11 a.m.-Noon
- Thursday 11 a.m.-Noon

Month of Minimalism

Thinking about simplifying your life by getting rid of things you don't need? This is the month to do it! July 12 is Simplicity Day, and July 15 is National Give Something Away Day.

Brainteaser

Q: Outside or inside, on a wall or in a pot, working with me may relax you a lot. Admire or devour—both choices apply. Have you figured it out? What word am I?

A: Garden.

“Even the smallest victory is never to be taken for granted. Each victory must be applauded.”
—Audre Lorde

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 9:30 Grocery Orders with Amy 10:30 Bank Runs 🗺️ 1:30 Manicures & Music 🎵 3:30 Exercise with Amy 4:00 MSNBC Evening News</p>	<p>2 8:30 Dr. Appointments 9:45 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 3:30 Exercise with Amy 5:30 Scrabble Club 6:00 Resident Council Meeting AR</p>	<p>3 8:30 Dr. Appointments 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Jackpot Bingo 3:00 Happy Hour/ Independence Day Celebration 5:00 Dominos</p>	<p>4 Independence Day 10:00 Exercise With Legacy 1:30 Movie: Residents' Choice\$ 4:00 Easy Listening Music Hour 5:00 Table Top Games</p>	<p>5 9:30 Walking In the Courtyard 10:00 Word Search Puzzles 1:00 Table Top Games 1:30 Movie: Residents' Choice 4:00 MSNBC Evening News</p>	<p>6 9:00 Word Search Puzzles 1:00 Dominos 2:30 Movie: Residents' Choice 5:30 Scrabble Club</p>	
<p>7 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Movie: Residents' Choice 5:30 Tabletop Games</p>	<p>8 9:30 Grocery Orders with Amy 10:30 Bank Runs 🗺️ 1:00 Grocery Shopping at Food Lion 🎵 3:30 Exercise with Amy 4:00 MSNBC Evening News</p>	<p>9 8:30 Dr. Appointments 9:45 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 3:30 Exercise with Amy 5:30 Scrabble Club</p>	<p>10 8:30 Dr. Appointments 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Painting on Canvas 2:30 Medication Management Health Talk w/ Legacy 5:00 Dominos</p>	<p>11 10:00 Exercise With Legacy 11:00 Lunch Outing to Park Lane! 🎵 1:30 Jackpot Bingo\$ 2:30 Manicures & Music 🎵 4:00 Easy Listening Music Hour</p>	<p>12 9:30 Walking In the Courtyard 10:30 July Trivia 1:00 Shopping trip to Gabe's 🗺️ 3:00 July Birthday Celebration 4:00 MSNBC Evening News</p>	<p>13 9:00 Word Search Puzzles 1:30 Scenic Ride 🗺️ 2:30 Movie: Residents' Choice 5:30 Scrabble Club</p>
<p>14 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Movie: Residents' Choice 5:30 Tabletop Games</p>	<p>15 9:30 Grocery Orders with Amy 10:30 Bank Runs 🗺️ 1:30 Manicures & Music 🎵 3:30 Exercise with Amy 4:00 MSNBC Evening News 6:00 Bingo with Northampton Women's Club, AR</p>	<p>16 8:30 Dr. Appointments 9:45 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 3:30 Exercise with Amy 5:30 Scrabble Club</p>	<p>17 8:30 Dr. Appointments 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Town Hall Meeting 2:00 Game: Codenames 5:00 Dominos</p>	<p>18 10:00 Exercise With Legacy 1:30 Jackpot Bingo\$ 4:00 Easy Listening Music Hour 6:00 Entertainment By Jessica Julius 🎵 6:00 Special Event "Summer Luau"</p>	<p>19 9:30 Walking In the Courtyard 10:00 Grocery Shopping at Lidl 🗺️ 1:00 Shopping Trip to Target 🗺️ 3:00 July Birthday Celebration 4:00 MSNBC Evening News</p>	<p>20 9:00 Word Search Puzzles 10:00 Buckroe Beach Farmers Market 🗺️ 2:30 Movie: Residents' Choice 5:30 Scrabble Club</p>
<p>21 9:30 Jigsaw Puzzles 10:00 Dominos 1:00 Worship with Pastor Davis & LaShonda 2:00 Movie: Residents' Choice 5:30 Tabletop Games</p>	<p>22 9:30 Grocery Orders with Amy 10:30 Bank Runs 🗺️ 1:30 Movie: Residents' Choice 4:00 MSNBC Evening News 5:30 Visit with Therapy Dogs Hattie & Lulu</p>	<p>23 8:30 Dr. Appointments 9:45 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 5:30 Scrabble Club</p>	<p>24 8:30 Dr. Appointments 10:00 Worship with Pastor Davis 1:30 Dominos 2:00 Resident Social with Snacks 5:00 Dominos</p>	<p>25 10:00 Exercise With Legacy 1:30 Jackpot Bingo\$ 2:30 Menu Chat with Tom DR 4:00 Easy Listening Music Hour 5:00 Scrabble</p>	<p>26 9:30 Walking In the Courtyard 10:00 Grocery Shopping at Kroger 🗺️ 1:00 Shopping Trip to Dollar Tree 🗺️ 3:00 July Birthday Celebration 4:00 MSNBC Evening News</p>	<p>27 9:00 Word Search Puzzles 10:00 Breakfast at Burger King 🗺️ 2:30 Movie: Residents' Choice 5:30 Scrabble Club</p>
<p>28 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Movie: Residents' Choice 5:30 Tabletop Games</p>	<p>29 9:30 Grocery Orders with Amy 10:30 Bank Runs 🗺️ 1:30 Manicures & Music 🎵 3:30 Exercise with Amy 4:00 MSNBC Evening News</p>	<p>30 8:30 Dr. Appointments 9:45 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 3:30 Exercise with Amy 5:30 Scrabble Club</p>	<p>31 8:30 Dr. Appointments 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Hand Massages 2:30 Game: Left Right Center 5:00 Port Warwick Concert "Soul Intent" 🗺️</p>			

Meet Our New Administrative Assistant



We would like to give a warm welcome to our new administrative assistant, Tiffany. She joined our family the beginning of June. Tiffany has an extensive background in healthcare. She has worked as a nurse aide, staff coordinator, community liaison and community manager. Tiffany is dedicated to serving and has a passion to help others. She likes to keep a positive vibe and wants to do her best to assist our residents. She loves seeing people happy and making them smile. Tiffany is a military spouse widow. She has 5 children. Tiffany also loves to sing, cook, socialize with friends & family and go to church. Her favorite food entrée is lasagna. She enjoys vacationing in California and would like to visit the Virgin Islands & Dubai one day.

Get Ready for the Games!

The 2024 Summer Olympics are set to begin this month in Paris. Featuring more than 30 different sports, the global competition will take place July 26 through Aug. 11.



Lady Liberty

The Statue of Liberty is among America's most famous national monuments. Here are some little-known facts about the icon:

- The city of Boston put in a bid for it.
- Its creator, Frederic-Auguste Bartholdi, wanted it to be covered in gold so that it would be visible at night.
- Inventor Thomas Edison said he was designing a huge phonograph disc for the statue's interior so that it could "talk."

Be Free

"May we think of freedom not as the right to do as we please, but as the opportunity to do what is right." —Peter Marshall



A 'Beautiful' Tribute

Expressing national pride "from sea to shining sea," the stirring anthem "America the Beautiful" is a treasured patriotic standard. The song's lyrics are the words of a poem written by Katharine Lee Bates, who was an English professor at Massachusetts' Wellesley College. In 1893, while on a trip to Colorado, Bates visited Pikes Peak, and was struck by the view of natural beauty from the mountain and, in her words, "the sea-like expanse of fertile country ... under those ample skies." Inspired, she finished her poem during the trip, but didn't publish it until two years later. The first version appeared in a weekly Massachusetts newspaper, The Congregationalist, on July 4, 1895.

For a while, "America the Beautiful" was sung to the melodies of various folk tunes, including "Auld Lang Syne." But it was a hymn titled "Materna," composed in 1882 by Samuel A. Ward, that became the most common music for Bates' lyrics and is still used today. Ward, a church musician from New Jersey, never met the poet, but their combined talents resulted in what has been called "an expression of patriotism at its finest."

"America the Beautiful" is often played at national celebrations and sporting events. Ray Charles and Charlie Rich are among the artists whose recordings of the song became popular hits.

